

# MATERNITY

*what to wear guide*



PETA NIKEL PHOTOGRAPHY



You will find in my studio a good selection of beautiful maternity gowns which are made specifically for photography sessions. They are flattering, classy and fit a wide range of body types.  
Here are some examples;



I also have some fabrics if you are looking for an artistic style.





## *Prefer to wear your own clothing?*

It is recommended that your Maternity photo shoot outfits be quite tight fitting around the belly. Loose and baggy clothing will only hide your pregnant belly. Long skirts, maxi dresses and yoga type pants that have low waistlines are a great option during a shoot too.

In addition, jeans, tight-fitting tank tops/boob tubes and maternity tops that have thin fabrics that cling to the body are also a good choices for maternity portraits. Nice lingerie and silky robes can work well aswell. A knitted jumper or tunic can also look great (see picture below)

Try to keep clothing selections simplistic and classic. Stripes and busy patterns can hide the belly or detract attention away from it.

In general a natural colour palette for clothing, such as white, grey and creams, tends to work best. Please bring along black, white and nude underwear if you have it.

Always bring more than you think you need! We can go through your options once you're at the studio.

If bringing a partner along for the session, nice jeans and a simple tee or shirt work well especially in light colours such as white, grey and pale blue.

Whichever style works for you best, it is important to let me know







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“You never understand *life* until it grows inside of you.”

~ Sandra Chami Kassis

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